

What is claimed is:

1. A patch, comprising:
  - a breathable layer;
  - 5 a barrier layer;
  - an effective amount of a volatile agent within a solid layer, the solid layer positioned between the breathable layer and the barrier layer, wherein the barrier layer is impermeable to the volatile agent; and
  - a release liner removably adhered to the barrier layer.
- 10 2. A patch according to claim 1, wherein the solid layer is non-hydrophilic.
3. A patch according to claim 1, wherein the solid layer comprises a gelatin mixture.
- 15 4. A patch according to claim 1, wherein the solid layer comprises ozokerites wax.
5. A patch according to claim 1, wherein the solid layer comprises sodium stearate.
- 20 6. A patch according to claim 1, wherein the volatile agent is released from the patch over a period of at least six hours.
- 25 7. A patch according to claim 1, wherein the volatile agent is an aromatherapy oil.
8. A patch according to claim 1, wherein the volatile agent is an insect repellent.
- 30 9. A patch according to claim 1, wherein the volatile agent is a deodorant.
10. A patch according to claim 1, wherein the volatile agent is a perfume.

11. A patch according to claim 1, wherein the volatile agent has a therapeutic effect of reducing sinus congestion.

12. A patch according to claim 1, wherein the volatile agent has a sedative effect.

13. A path according to claim 1, wherein the volatile agent has a mood altering effect.

14. A method of making a patch for release of volatile substances, comprising:

10 mixing a volatile substance with a liquid agent, wherein the agent forms a solid below 40°C and is capable of forming a liquid above 45°C and below 90°C;

applying the liquid mixture of step(a) onto a breathable layer and permitting the liquid to form a solid;

15 preparing a barrier layer for adhesive attachment to the breathable layer and

solid;

laminating the barrier layer by adhesion to the solid and the breathable layer;

and

laminating a release liner by adhesion to the barrier layer.

15. A method according to claim 14, further comprising packaging the patch within a sealed pouch for removal therefrom prior to application of the patch to a surface of a subject.

16. A method according to claim 14, wherein the solid further comprises any of a gelatin, a wax or sodium stearate.

17. A method according to claim 14, wherein the volatile substance is selected from an aromatherapy oil, an insect repellent, a deodorant, a perfume or an agent with therapeutic activity.

18. A method according to claim 14, wherein the volatile substance has a therapeutic activity selected from reducing sinus congestion, having a sedative activity and having a mood altering activity.

19. A method of delivering a volatile substance to an environment from a surface location of a subject, comprising applying a patch of claim 1 adhesively to the surface location of the subject so as to deliver the volatile substance to the environment.

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20. A method of delivering a volatile substance to an environment from a surface location of a subject, comprising applying a patch manufactured according to claim 14, adhesively to the surface location of the subject so as to deliver the volatile substance to the environment

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21. A method according to claim 19 or 20, wherein the volatile substance is selected from an aromatherapy oil, an insect repellent, a deodorant, a perfume or an agent with therapeutic activity.

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22. A method according to claim 19 or 20, wherein the volatile substance has a therapeutic activity selected from reducing sinus congestion, having a sedative activity and having a mood altering activity.

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